

ACUTE INTERNAL MEDICINE GUIDELINES FOR SCE

(2017)

By Ahmad Maatouk

ST6 Acute Medicine/Stroke Medicine (Yorkshire & the Humber Deanery)

*guidelines are repeated for other curriculum items

Organisation	Topic	Guidelines	Link
'The Top Presentations' - Common Medical Presentations			
Abdominal pain			
BSG	Acute pancreatitis	UK Guidelines for the Management of Acute Pancreatitis (2005)	http://www.bsg.org.uk/clinical-guidelines/pancreatic/uk-guidelines-for-the-management-of-acute-pancreatitis.html
NICE	Gallstone disease	Gallstone disease: diagnosis and management (CG188) NICE (2014)	https://www.nice.org.uk/guidance/cg188
Acute back pain			
NICE	Low back pain	Low back pain and sciatica in over 16s [NG59] November 2016	https://www.nice.org.uk/guidance/ng59
NICE	Metastatic spinal cord compression in adults	Metastatic spinal cord compression in adults [CG75] November 2008	https://www.nice.org.uk/guidance/cg75
Blackout/Collapse			
NICE	Transient loss of consciousness ('blackouts')	Transient loss of consciousness ('blackouts') in over 16s [CG109] August 2010 updated: September 2014	https://www.nice.org.uk/guidance/cg109
ESC	Syncope	Syncope (Guidelines on Diagnosis and Management of) 2009.	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Syncope-Guidelines-on-Diagnosis-and-Management-of
ESC	Syncope	Essential messages and educational slide sets 2009	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Guidelines-derivative-products/Get-the-essential-messages-and-the-educational-slide-sets
Breathlessness			
NICE	Acute Heart Failure	Acute heart failure: diagnosis and management[CG187] October 2014	https://www.nice.org.uk/guidance/cg187
NICE	Chronic Heart Failure	Chronic heart failure in adults: management [CG108] August 2010	https://www.nice.org.uk/guidance/cg108
ESC	Heart failure	Acute and Chronic Heart Failure 2016	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Acute-and-Chronic-Heart-Failure
ESC	Infective endocarditis	Infective Endocarditis (Guidelines on Prevention, Diagnosis and Treatment of) 2015	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Infective-Endocarditis-Guidelines-on-Prevention-Diagnosis-and-Treatment-of

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ESC	Infective endocarditis	Essential messages and educational slide sets 2015	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Guidelines-derivative-products/Get-the-essential-messages-and-the-educational-slide-sets
BTS/Sign	Asthma	BTS/SIGN British guideline on the management of asthma 2016 Quick reference guide 2016	https://www.brit-thoracic.org.uk/standards-of-care/guidelines/btssign-british-guideline-on-the-management-of-asthma/ https://www.brit-thoracic.org.uk/document-library/clinical-information/asthma/btssign-asthma-guideline-quick-reference-guide-2016/
NICE	COPD	Chronic obstructive pulmonary disease in over 16 Published 2010	https://www.nice.org.uk/guidance/CG101
BTS	COPD	BTS/ICS Guidelines for the ventilatory management of acute hypercapnic respiratory failure in adults 2016	https://www.brit-thoracic.org.uk/document-library/clinical-information/acute-hypercapnic-respiratory-failure/web-appendix-3-bts-ics-guideline-slides/
NICE	PE	Venous thromboembolic diseases: June 2012, Last updated: November 2015	https://www.nice.org.uk/guidance/cg144
ESC	PE	Essential messages and educational slide sets 2014	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Guidelines-derivative-products/Get-the-essential-messages-and-the-educational-slide-sets
BTS	Pneumothorax	Pleural disease guidelines 2010 (quick reference guide)	https://www.brit-thoracic.org.uk/document-library/clinical-information/pleural-disease/pleural-disease-guidelines-2010/pleural-disease-guideline-quick-reference-guide/
BTS	Pneumothorax	Spontaneous Pneumothorax Poster Pleural Disease Guideline 2010 (POSTER)	https://www.brit-thoracic.org.uk/document-library/clinical-information/pleural-disease/pleural-disease-guidelines-2010/appendix-3-spontaneous-pneumothorax-poster-pleural-disease-guideline/
NICE	Pneumonia	Pneumonia in adults: diagnosis and management [CG191] December 2014	https://www.nice.org.uk/guidance/cg191

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Organisation	Topic	Guidelines	Link
NICE	Idiopathic pulmonary fibrosis	Idiopathic pulmonary fibrosis in adults [CG163] June 2013 Last updated: May 2017	https://www.nice.org.uk/guidance/cg163
NICE	Lung cancer	NICE Guideline - Lung cancer: diagnosis and management [CG121] April 2011	https://www.nice.org.uk/guidance/CG121
SIGN	Lung cancer	Management of lung cancer 2014 (Quick Reference guide)	http://www.sign.ac.uk/assets/qrg137.pdf
BTS*	Pleural Effusion	Pleural disease guidelines 2010 (quick reference guide)	https://www.brit-thoracic.org.uk/document-library/clinical-information/pleural-disease/pleural-disease-guidelines-2010/pleural-disease-guideline-quick-reference-guide/
BTS	Oxygen therapy	BTS Guideline for oxygen use in healthcare and emergency settings 2017	https://www.brit-thoracic.org.uk/document-library/clinical-information/oxygen/2017-emergency-oxygen-guideline/web-appendix-7-teaching-slides-for-doctors-pdf/
NICE	TB	NICE Guideline – Tuberculosis [NG33] 2016	https://www.nice.org.uk/guidance/ng33
Chest Pain			
NICE	Chest pain	Chest pain of recent onset: assessment and diagnosis Clinical guideline [CG95] March 2010 Last updated: November 2016	https://www.nice.org.uk/guidance/cg95
NICE	Stable angina	Stable angina: management Clinical guideline [CG126] July 2011 Last updated: August 2016	https://www.nice.org.uk/guidance/cg126
NICE	Unstable angina	unstable angina and NSTEMI: early management Clinical guideline [CG94] March 2010 Last updated: November 2013	https://www.nice.org.uk/guidance/cg94
NICE	STEMI	Myocardial infarction with ST-segment elevation: acute management [CG167] Published date: July 2013	https://www.nice.org.uk/guidance/cg167
ESC	ACS without ST elevation	Acute Coronary Syndromes (ACS) in patients presenting without persistent ST-segment elevation (Management of) 2015	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Acute-Coronary-Syndromes-ACS-in-patients-presenting-without-persistent-ST-segm

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Organisation	Topic	Guidelines	Link
ESC	NSTE-ACS	Essential messages and educational slide sets 2015	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Guidelines-derivative-products/Get-the-essential-messages-and-the-educational-slide-sets
SCE	ACS with ST elevation	Acute Myocardial Infarction in patients presenting with ST-segment elevation (Management of) 2012	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Acute-Myocardial-Infarction-in-patients-presenting-with-ST-segment-elevation-Ma
SCE	Acute Myocardial Infarction in patients presenting with ST-segment elevation	Essential messages and educational slide sets	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Guidelines-derivative-products/Get-the-essential-messages-and-the-educational-slide-sets
Confusion, Acute/Delirium			
NICE	Delirium	Delirium: prevention, diagnosis and management [CG103] July 2010	https://www.nice.org.uk/guidance/cg103
Diarrhoea			
NICE	IBS	Irritable bowel syndrome in adults: diagnosis and management[CG61] 2008 Last updated: April 2017	https://www.nice.org.uk/guidance/cg61
NICE	Coeliac disease	Coeliac disease: recognition, assessment and management [NG20] 2015	https://www.nice.org.uk/guidance/ng20
NICE	Crohn's disease	Crohn's disease: management [CG152]2012 Last updated 2016	https://www.nice.org.uk/guidance/cg152
NICE	Ulcerative colitis	Ulcerative colitis: management [CG166] 2013	https://www.nice.org.uk/guidance/cg166
NICE	Colorectal cancer	Colorectal cancer: diagnosis and management [CG131] 2011 Last updated: December 2014	https://www.nice.org.uk/guidance/cg131
Falls			
NICE	Falls	Falls in older people: assessing risk and prevention [CG161] June 2013	https://www.nice.org.uk/guidance/CG161
Fever			
NICE	Sepsis	Sepsis: recognition, diagnosis and early management [NG51] July 2016	https://www.nice.org.uk/guidance/ng51

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Organisation	Topic	Guidelines	Link
NICE	Neutropenic sepsis	Neutropenic sepsis: prevention and management in people with cancer [CG151] September 2012	https://www.nice.org.uk/guidance/cg151
Fits/ Seizure			
NICE	Epilepsy	Epilepsies: diagnosis and management [CG137] January 2012 Last updated: February 2016	https://www.nice.org.uk/guidance/cg137
Haematemesis & Melaena			
NICE	Upper GI bleed	Acute upper gastrointestinal bleeding in over 16s: management [CG141] June 2012 Last updated: August 2016	https://www.nice.org.uk/guidance/cg141
NICE	Liver Cirrhosis	Cirrhosis in over 16s: assessment and management [NG50] July 2016	https://www.nice.org.uk/guidance/ng50
Headache			
NICE	Headache	Headaches in over 12s: diagnosis and management [CG150] 2012 Last updated: November 2015	https://www.nice.org.uk/guidance/cg150
BASH	Headache	Guidelines for All Healthcare Professionals in the Diagnosis and Management 2010	https://www.bash.org.uk/wp-content/uploads/2012/07/10102-BASH-Guidelines-update-2_v5-1-indd.pdf
Jaundice			
NICE*	Liver Cirrhosis	Cirrhosis in over 16s: assessment and management [NG50] July 2016	https://www.nice.org.uk/guidance/ng50
NICE	NAFLD	Non-alcoholic fatty liver disease (NAFLD): assessment and management [NG49] July 2016	https://www.nice.org.uk/guidance/ng49
NICE	Hepatitis B	Hepatitis B (chronic): diagnosis and management Clinical [CG165] June 2013	https://www.nice.org.uk/guidance/cg165
NICE	Hepatitis B&C	Hepatitis B and C testing: people at risk of infection [PH43] 2012 Last updated: March 2013	https://www.nice.org.uk/guidance/ph43

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Organisation	Topic	Guidelines	Link
Limb Pain and Swelling			
NICE*	VTE	Venous thromboembolic diseases: diagnosis, management and thrombophilia testing June 2012 Last updated: November 2015	https://www.nice.org.uk/guidance/cg144
Palpitations			
ESC	Atrial Fibrillation	Atrial Fibrillation 2016 (Management of)	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Atrial-Fibrillation-Management
ESC	Atrial Fibrillation	Essential messages and educational slide sets 2016	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Guidelines-derivative-products/Get-the-essential-messages-and-the-educational-slide-sets
NICE	Arrhythmias and heart failure ICD	Implantable cardioverter defibrillators and cardiac resynchronisation therapy for arrhythmias and heart failure Technology appraisal guidance [TA314] 2014	https://www.nice.org.uk/guidance/ta314
Poisoning			
NICE	Drug misuse	Drug misuse prevention: targeted interventions [NG64] 2017	https://www.nice.org.uk/guidance/ng64
NICE	Self-harm	Self-harm in over 8s: short-term management and prevention of recurrence [CG16] July 2004	https://www.nice.org.uk/guidance/cg16
NICE	Self-harm	Self-harm in over 8s: long-term management [CG133] 2011	https://www.nice.org.uk/guidance/cg133
NICE	Self-harm	Self-harm Quality standard [QS34] June 2013	https://www.nice.org.uk/guidance/qs34
Rash			
NICE	Drug allergy	Drug allergy: diagnosis and management [CG183] 2014	https://www.nice.org.uk/guidance/cg183
NICE CKS	Urticaria	Urticaria Management Last revised in May 2016	https://cks.nice.org.uk/urticaria
NICE	Anaphylaxis	Anaphylaxis: assessment and referral after emergency treatment [CG134]2011	https://www.nice.org.uk/guidance/cg134

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Organisation	Topic	Guidelines	Link
Weakness and Paralysis			
RCP	Stroke (ischaemic and haemorrhagic)	National clinical guideline for stroke October 2016	https://www.strokeaudit.org/Guideline/Full-Guideline.aspx
Acute kidney injury and chronic kidney disease			
NICE	AKI	Acute kidney injury: prevention, detection and management [CG169] 2013	https://www.nice.org.uk/guidance/cg169
NICE	CKD	Chronic kidney disease in adults: assessment and management [CG182] 2014 Last updated: January 2015	https://www.nice.org.uk/guidance/cg182
NICE	Renal Replacement Therapy	Renal replacement therapy services for adults Quality standard [QS72] 2014 Last updated: January 2015	https://www.nice.org.uk/guidance/qs72
Management of Patients Requiring Palliative and End of Life Care			
NICE	End of life care	Care of dying adults in the last days of life [NG31] 2015	https://www.nice.org.uk/guidance/ng31
Other Important Presentations			
Abdominal Mass/Hepatosplenomegaly			
NICE	Suspected cancer	Suspected cancer: recognition and referral [NG12] 2015 Last updated: July 2017	https://www.nice.org.uk/guidance/ng12
Abdominal Swelling and Constipation			
NICE CKS	Constipation	Constipation Last revised in October 2015	https://cks.nice.org.uk/constipation
Abnormal sensation			
NICE	Diabetic Neuropathy	Diabetic foot problems: prevention and management [NG19] 2015 Last updated: January 2016	https://www.nice.org.uk/guidance/ng19
Aggressive / Disturbed Behaviour			
NICE	Violence and Aggression	Violence and aggression: short-term management in mental health, health and community settings [NG10] Published date: May 2015	https://www.nice.org.uk/guidance/ng10

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Organisation	Topic	Guidelines	Link
Alcohol and Substance Dependence			
NICE	Alcohol misuse	Alcohol-use disorders: diagnosis, assessment and management of harmful drinking and alcohol dependence [CG115] 2011	https://www.nice.org.uk/guidance/cg115
NICE *	Drug misuse	Drug misuse prevention: targeted interventions [NG64] 2017	https://www.nice.org.uk/guidance/ng64
Anxiety/Panic Disorder			
NICE*	Anxiety	Generalised anxiety disorder and panic disorder in adults: management [CG113] 2011	https://www.nice.org.uk/guidance/cg113
Bruising and spontaneous bleeding			
NICE	Bruising	Bruising March 2016	https://cks.nice.org.uk/bruising
Dialysis			
NICE *	Renal Replacement Therapy	Renal replacement therapy services for adults Quality standard [QS72] 2014 Last updated: January 2015	https://www.nice.org.uk/guidance/qs72
NICE*	CKD	Chronic kidney disease in adults: assessment and management [CG182] 2014 Last updated: January 2015	https://www.nice.org.uk/guidance/cg182
Dyspepsia			
NICE	GORD and Dyspepsia	Gastro-oesophageal reflux disease and dyspepsia in adults: investigation and management [CG184] 2014 Last updated: November 2014	https://www.nice.org.uk/guidance/cg184
Dysuria			
NICE	UTI	Urinary tract infections in adults Quality standard [QS90] Published date: June 2015	https://www.nice.org.uk/guidance/qs90
NICE	UTI in Men	Lower urinary tract symptoms in men: management [CG97] 2010 Last updated: June 2015	https://www.nice.org.uk/guidance/cg97
Genital Discharge and Ulceration			
NICE	All Guidelines	British Association for sexual health and HIV	https://www.bashh.org/guidelines

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Organisation	Topic	Guidelines	Link
Haematuria			
NICE	Bladder Cancer	Bladder cancer: diagnosis and management [NG2] 2015	https://www.nice.org.uk/guidance/ng2
Haemoptysis			
NICE*	Lung cancer	NICE Guideline - Lung cancer: diagnosis and management [CG121] April 2011	https://www.nice.org.uk/guidance/CG121
SIGN*	Lung cancer	Management of lung cancer 2014 (Quick Reference guide)	http://www.sign.ac.uk/assets/qrg137.pdf
Head Injury			
NICE	Head Injury	Head injury: assessment and early management [CG176] 2014 Last updated: June 2017	https://www.nice.org.uk/guidance/cg176
Hoarseness and Stridor			
NICE*	Anaphylaxis	Anaphylaxis: assessment and referral after emergency treatment [CG134]2011	https://www.nice.org.uk/guidance/cg134
Hypothermia			
Immobility			
NICE	Parkinson's	Parkinson's disease in adults [NG71] July 2017	https://www.nice.org.uk/guidance/ng71
Incidental Findings			
NICE	Hypertension	Hypertension in adults: diagnosis and management [CG127] 2011 Last updated: November 2016	https://www.nice.org.uk/guidance/cg127
Involuntary Movements			
Joint Swelling			
NICE CKS	Knee pain	Knee pain - assessment Last revised in March 2011	https://cks.nice.org.uk/knee-pain-assessment
NICE CKS	Gout	Gout Last revised in April 2015	https://cks.nice.org.uk/gout
Lymphadenopathy			
NICE	Metastatic malignant disease of unknown primary origin	Metastatic malignant disease of unknown primary origin in adults: diagnosis and management [CG104] 2010	https://www.nice.org.uk/guidance/cg104

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Loin Pain			
NICE CKS	Renal stones	Renal or ureteric colic - acute Last revised in April 2015	https://cks.nice.org.uk/renal-or-ureteric-colic-acute
Medical Problems / Complications following Surgical Procedures			
NICE*	PE/DVT	Venous thromboembolic diseases: June 2012, Last updated: November 2015	https://www.nice.org.uk/guidance/cg144
ESC*	Atrial Fibrillation	Atrial Fibrillation 2016 (Management of)	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Atrial-Fibrillation-Management
NICE*	Acute Heart Failure	Acute heart failure: diagnosis and management[CG187] October 2014	https://www.nice.org.uk/guidance/cg187
Medical Problems in Pregnancy			
NICE	Diabetes in pregnancy	Diabetes in pregnancy: management from preconception to the postnatal period [NG3] 2015	https://www.nice.org.uk/guidance/ng3
NICE	Hypertension in pregnancy	Hypertension in pregnancy: diagnosis and management [CG107] 2010 Last updated: January 2011	https://www.nice.org.uk/guidance/cg107
ESC	CVD during pregnancy	CVD DURING PREGNANCY 2011	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Guidelines-derivative-products/Get-the-essential-messages-and-the-educational-slide-sets
Memory Loss (Progressive)			
NICE	Dementia	Dementia: supporting people with dementia and their carers in health and social care Clinical guideline [CG42] 2006 Last updated: September 2016	https://www.nice.org.uk/guidance/CG42
Micturition Difficulties			
NICE	Urinary incontinence in neurological disease	Urinary incontinence in neurological disease: assessment and management Clinical guideline [CG148] 2012	https://www.nice.org.uk/guidance/cg148
NICE*	UTI in Men	Lower urinary tract symptoms in men: management [CG97] 2010 Last updated: June 2015	https://www.nice.org.uk/guidance/cg97

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Neck Pain			
NICE CKS	Neck pain	Neck pain - non-specific Last revised in April 2015	https://cks.nice.org.uk/neck-pain-non-specific
NICE CKS	Neck pain	Neck pain - whiplash injury Last revised in April 2015	https://cks.nice.org.uk/neck-pain-whiplash-injury
Physical Symptoms in Absence of Organic Disease			
NICE	Depression	Depression in adults: recognition and management [CG90] 2009 Last updated: April 2016	https://www.nice.org.uk/guidance/cg90
Polydipsia			
NICE	Type 2 DM	Type 2 diabetes in adults: management [NG28] 2015 Last updated: May 2017	https://www.nice.org.uk/guidance/ng28
NICE	Type 1 DM	Type 1 diabetes in adults: diagnosis and management [NG17] 2015 Last updated: July 2016	https://www.nice.org.uk/guidance/ng17
Polyuria			
NICE*	Type 2 DM	Type 2 diabetes in adults: management [NG28] 2015 Last updated: May 2017	https://www.nice.org.uk/guidance/ng28
NICE*	Type 1 DM	Type 1 diabetes in adults: diagnosis and management [NG17] 2015 Last updated: July 2016	https://www.nice.org.uk/guidance/ng17
Pruritus			
NICE*	Drug allergy	Drug allergy: diagnosis and management [CG183] 2014	https://www.nice.org.uk/guidance/cg183
NICE CKS*	Urticaria	Urticaria Management Last revised in May 2016	https://cks.nice.org.uk/urticaria
Rectal Bleeding			
NICE CKS	Diverticular disease	Diverticular disease Last revised in March 2013	https://cks.nice.org.uk/diverticular-disease
NICE CKS	Haemorrhoids	Haemorrhoids Last revised in July 2016	https://cks.nice.org.uk/haemorrhoids
NICE*	Ulcerative colitis	Ulcerative colitis: management [CG166] 2013	https://www.nice.org.uk/guidance/cg166
NICE*	Colorectal cancer	Colorectal cancer: diagnosis and management [CG131] 2011 Last updated: 2014	https://www.nice.org.uk/guidance/cg131

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Skin and Mouth Ulcer			
NICE*	Diabetic foot problems	Diabetic foot problems: prevention and management [NG19] 2015 January 2016	https://www.nice.org.uk/guidance/ng19
NICE CKS	Aphthous ulcer	Aphthous ulcer Last revised in August 2012	https://cks.nice.org.uk/aphthous-ulcer
NICE CKS	Herpes simplex - oral	Herpes simplex - oral Last revised in October 2016	https://cks.nice.org.uk/herpes-simplex-oral
Speech Disturbance			
RCP*	Stroke (ischaemic and haemorrhagic)	National clinical guideline for stroke October 2016	https://www.strokeaudit.org/Guideline/Full-Guideline.aspx
Suicidal Ideation			
NICE*	Depression	Depression in adults: recognition and management [CG90] 2009 Last updated: April 2016	https://www.nice.org.uk/guidance/cg90
Swallowing Difficulties			
RCP*	Stroke (ischaemic and haemorrhagic)	National clinical guideline for stroke October 2016	https://www.strokeaudit.org/Guideline/Full-Guideline.aspx
Syncope & Pre-syncope *			
NICE *	Transient loss of consciousness ('blackouts')	Transient loss of consciousness ('blackouts') in over 16s [CG109] August 2010 updated: September 2014	https://www.nice.org.uk/guidance/cg109
ESC*	Syncope	Syncope (Guidelines on Diagnosis and Management of)	https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Syncope-Guidelines-on-Diagnosis-and-Management-of
Unsteadiness / Balance Disturbance			
RCP*	Stroke (ischaemic and haemorrhagic)	National clinical guideline for stroke October 2016	https://www.strokeaudit.org/Guideline/Full-Guideline.aspx
Visual Disturbance (Diplopia, Visual Field Deficit, Reduced Acuity)			
RCP*	Stroke (ischaemic and haemorrhagic)	National clinical guideline for stroke October 2016	https://www.strokeaudit.org/Guideline/Full-Guideline.aspx
Weight Loss			
NICE	Eating disorders	Eating disorders: recognition and treatment [NG69] May 2017	https://www.nice.org.uk/guidance/ng69